

# Shake, Rattle & Roll

## Ages 5-8 Yrs old

#### MONDAY

No Equipment

12:30pm -1:00pm Registration/Welcome/Meet and Greet

No Equipment Needed Today! 1:00pm - 1:30pm Scooter Races

2:00pm - 3:00pm Tie-Dye shirts/socks

3:00pm - 3:30pm Snack

1:30pm - 2:00pm Kickball

3:30pm - 4:00pm Parachute Play

4:00pm - 4:30pm Octopus



### **TUESDAY**



12:30pm - 1:00 Bean Bag Dodge ball

1:00pm - 2:00pm Sharks and Minnows/Play Place

2:00pm - 3:30pm Swimming (2 Lifeguards on duty)

3:30pm - 4:00pm Snack

4:00pm - 4:30pm T-Ball

Sunscreen Day

BRING YOUR SWIMSUIT
Please do not bring towels!

#### WEDNESDAY

Bring Your

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Tennis Racket

12:30pm -12:45pm Free Play 1:00pm - 2:00pm Tennis

2:00pm - 3:00pm Hip-Hop or Boot Camp

3:00pm - 3:30pm Snack

3:30pm - 4:00pm Soccer

4:00pm - 4:30pm Bean Bag Dodge ball

### **THURSDAY**

Bring Rollerblades or Skates and Helmet

12:30pm - 12:45pm Free Play

12:45pm - 1:30pm Skating/ Rollerblading

1:30pm - 3:00pm Swimming (2 Lifeguards on duty)

3:00pm - 3:30 pm Carnival Games

3:30pm - 4:30pm Pizza Party

Sunscreen Day



BRING YOUR SWIMSUIT

Please do not bring towels!

#### **FRIDAY**

NO CAMP TODAY!!
HOPE TO SEE YOU NEXT SESSION!!

This Schedule is Subject to Change