

Game. Set. Match! **The Fitness Center** **Summer Tennis Camp**



Whether you're a beginner or already a seasoned player, come join the fun and camaraderie at The Fitness Center Summer Tennis Camp. The camps are geared to improve technical and tactical skills along with fitness, mental toughness and match play strategies. The camps will be held on the outdoor courts. Any rain make-ups will be made up on Fridays or the week of August 1st-4th.

MINI SESSION: 9am-11am Monday through Thursday for all level players
Ages 7 and up. **Cost: \$105 MEMBERS / \$120 NON-MEMBERS**

FULL SESSION: 9am-12pm Monday through Thursday for intermediate and advanced players
Ages 9 and up. Score keeping and match play experience required
Cost: \$150 MEMBERS / \$165 NON-MEMBERS

Placement in groups will be determined by instructors

Players will need to provide their own racket, sunblock and proper athletic shoes. Also suggested are a hat, sunglasses and water.

***SESSION 6:** 9am-12pm Monday through Thursday will be for high school players, rising freshman to seniors trying out for school tennis!

Cost: \$150 MEMBERS / \$165 NON-MEMBERS

*** ALL CAMPS, PLEASE SIGN UP FOR CAMP BEFORE THE 1ST DAY OF THE CHOSEN SESSION!!**



Session 1: June 6th to June 9th
Session 2: June 13th to June 16th
Session 3: June 20th to June 23rd

Session 4: July 11th to July 14th
Session 5: July 18th to July 21st

Session 6: July 25th to July 28th
(HIGH SCHOOL)

For more information contact
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THE
FITNESS CENTER
AT SOUTH SHORE HARBOUR