



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	5:15 AM <b>Cycle</b> Sara		5:15 AM <b>Cycle</b> Gracie			
	9:00 AM <b>Cycle</b> Denise	8:30 AM <b>Cycle</b> Aileen		8:15 AM <b>Cycle</b> Sara		
10:00 AM <b>Cycle</b> Sara			9:30 AM <b>Cycle</b> Sara	10:00 AM <b>Cycle</b> Priscilla	10:00 AM <b>Cycle</b> Denise	10:00 AM <b>Cycle</b> Sara
12:00 PM <b>Cycle</b> Cristy		12:00 PM <b>Cycle</b> Cristy		12:00 PM <b>Cycle</b> Cristy		
		5:30 PM <b>Cycle</b> Sara				
6:30 PM <b>Cycle</b> Terry	6:30 PM <b>Cycle</b> Terry					

Schedule is subject to change weekly. (Updated 06-04-2021) You must sign-up for classes ahead of time!

**\*\*Classes are 45-60 minutes long**